



# EARN PROMOTION POINTS

## BY TAKING ARMY COMMUNITY SERVICE CLASSES!

### Family Advocacy Program

#### Class Title

#### **Parenting Skills**

Class description: Utilizing the curriculum "Common Sense Parenting", learn how to increase positive behaviors and decrease negative behaviors of both children and parents. 1 hour.

### Financial Readiness Program

#### Class Title

#### **Checking Account Management**

Class description: Discusses checks, types of checking accounts, account reconciliation and shopping for financial institutions. 1 hour.

#### **Managing Credit**

Class description: Credit terminology, using credit wisely, credit laws, warning signs of credit overextension, bankruptcy, and the importance of credit reports. 1 hour.

#### **Financial Institutions**

Class description: Overview of financial terminology, services, and institutions. 1 hour.

#### **Consumer Rights & Responsibilities**

Class description: Terminology, laws, consumer rights groups, and identity theft are all discussed in this class. 1 hour.

#### **Personal Financial Readiness**

Class description: Various financial readiness topics such as budgeting, LES, PSC moves, deployments, retirements, TSP, financial security and record keeping are discussed. 1 hour.

## **Debt Liquidation**

Class description: Debt and how to liquidate it through budget preparation and other means, laws and assistance organizations, effects of bankruptcy, utilizing credit, and terminology. 1 hour.

## **Insurance**

Class description: Provides an overview of insurance, insurance terms, and getting the most for your money. Explores questions such as Do I have enough? What will these terms mean to me? What insurance do I need? 1 hour.

## **Army Family Team Building Program (AFTB)**

### **Class Title**

### **AFTB Level I, II, III**

Class description: AFTB is a program designed to educate & empower members of the military community to develop skills & encourage behaviors that strengthen self-reliance, promote retention, & enhance readiness (available on-line at [www.myarmylifetoo.com](http://www.myarmylifetoo.com)).

## **Mobilization/Deployment and SSO (Operation R.E.A.D.Y.)**

### **Class Title**

### **Family Readiness Groups (FRG)**

Class description: Purpose, structure & function of an FRG. Discusses leadership ideas, building and running an effective FRG. 1 hour.

### **Planning for Homecoming (Reunion & Reintegration Workshop)**

Class description: A valuable 5-hour workshop designed to address important topics such as Reintegration, PTSD, Reunion and Children, & Marriage Enrichment Post Deployment. Lunch, Panel Discussions & Guest Speakers included.

### **Family Assistance Center (FAC)**

Class description: This class is designed for the Family assistance team, or the group who will set up and operate FACs during deployments. 1 hour.

*\*Earn 4 promotion points for completing 40 hours of ACS training.*

*\*\*DA Form 87 will be given at the conclusion of the class as proof of your attendance.*

*\*\*\*Classes are held in Bldg 622; ACS Center. Call ACS at 845-938-4621/2519 to register.*

*\*\*\*\*Attendance must not be mandated or command referred to be eligible for promotion points.*