

# SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

## ICE SKATING

**Schedule:** *Sundays, January 29<sup>th</sup>, February 5<sup>th</sup> & 12<sup>th</sup>*  
*1:00-1:30pm Preschoolers, ages 3-5 years w/o experience*  
*1:35-2:05pm Preschoolers, ages 3-5 years w/experience*  
*2:10-2:40pm Level 1, ages 6 years & up*  
*2:45-3:15pm Level 2, ages 6 years & up*

**Level 1** – learn to get up unassisted, forward skate, glide on two feet, snowplow stop and one-foot glides

**Level 2** – learn backward skating, forward crossover, turning from forward to backward, two-foot spin, bunny hop and waltz jump

**Cost:** \$14.00 for 3 lessons

**Location:** Holleder Center, Tate Rink, Bldg. 714  
**\*PARKING MUST BE DONE IN A LOT\***

**Instructor:** Annemarie Darling

**Equipment:** Ice Skates (NO DOUBLE RUNNER SKATES)  
and Helmet (bicycle helmet is okay)  
**NO SKATE RENTAL IS AVAILABLE!**  
Ice skates may be purchased at the following locations:  
Play It Again Sports, Wal-mart, Target, etc.

**All Students must have a CURRENT CYSS Membership & up-to-date shot record on file at Parent Central before registering for class.**

***\*As per the Department of the Army October 2010 Fee Guidance, refunds are not authorized for withdrawal from a SKIES instructional program.\****



U.S. Army Child, Youth  
& School Services

West Point Child, Youth and School Services  
SKIES Instructional Program, 938-8893  
Parent Central, 938-4458/0939  
[www.westpointmwr.com](http://www.westpointmwr.com)

