



# SKIES Unlimited

Schools of Knowledge, Inspiration, Exploration & Skills

## TAE KWON DO

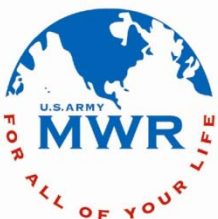
This program provides instruction in non-combat Tae Kwon Do. It will enhance flexibility, body awareness, discipline and mental concentration, all of which are characteristics of the martial arts.

**Eligibility:** Ages 6-18 years  
**Schedule :** Mondays and Wednesdays  
May 17<sup>th</sup> – June 21<sup>st</sup>

6:00-6:45pm Beginners  
7:00-7:45pm Yellow Belts & up

**Location:** Youth Services Gym, Building 500  
**Cost:** \$44.00 for 10 lessons  
**Instructor:** Jan Brown, 7<sup>th</sup> Dan Master Instructor  
**Attire:** Comfortable, loose clothing.  
Gi's may be purchased for \$25.00 at Youth Services  
**Testing:** Testing is optional and is done by invitation only.  
A \$30 fee must be paid prior to the administration of the rank examination. A new rank/belt cannot be awarded without passing an exam, but children may still participate in class without testing.

All students must have a current CYSS Membership & up to date shot record on file at Youth Services before registering for class.



West Point Child, Youth and School Services  
Building 500, Washington Road  
938-3727/8893  
[www.westpointmwr.com](http://www.westpointmwr.com)

