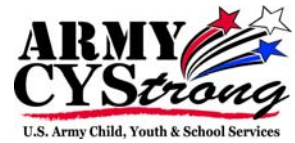




Youth Sports Judo



Ages: 7-15 year olds
Cost: \$50.00
Location: Arvin Gym
Days: Mondays/ Wednesdays
Times: 6:30-7:30 pm
Session 1 Dates: 7 September -
9 November 2010



All participants must have a current CYSS membership, shot records and a current physical at time of registration.

Registration begins 6 July 2010 for Military Families, 2 August 2010 for Civilian Families and will conclude for all on 13 August. Waitlists may be formed at any time. Parents are encourage to register early!



Gis and schedules will be provided at first practice.

Judo develops self discipline and respect for oneself and others. Judo provides the means for learning self confidence, concentration, leadership skills as well as physical coordination, power and flexibility.



volunteers are needed to support this activity.

For more information please contact the Youth Sports Office at 938-3550/8896.