



Youth Sports



January-February

and Fitness



WPMS

Modified Sports

WPMS Modified Girls and Boys Basketball kicked off their seasons in early December with opening wins for each team against Tuxedo. Come out and support the Bulldogs!

January Home Games:

10,12,27,31 January

February Home Games:

2,9,16,21 February

Start Times are 4:00 and 5:30pm



INFORMATION CORNER

Spring Sports Offerings:

Soccer:

Just 4 U-4 yrs Division A-5-6yrs
Division B-7-9yrs Division C-10-13yrs

Travel Soccer:

Girls U12 Boys U12 Girls U14

Baseball:

Tee Ball-4-6yrs Minor League-7-9yrs
Major League 10-13 yrs

Modified Sports:

Baseball Track and Field

Lacrosse:

5/6th Girls 7/8th Girls

Youth Sports Text Messages

Want to get youth sports information on your phone?



Text "subscribe WPSports" to 41411 to begin receiving sports news and information!

(not available with all cell carriers, standard messaging rates apply)

NEEDED-Volunteer Coaches

Coaches are needed for the Spring 2012 season for soccer and baseball. If you are interested in coaching please call the Youth Sports office at 938-3550/8896.



SPORTS NEWS AND UPDATES

Spring Sports Registration

Spring sports registration will begin for Military Families on 1 February, Civilian Families on 1 March and conclude for all on 16 March. Waitlists may be formed at any time. Parents are encouraged to register early.

Boys Travel CYO Basketball

West Point Boys CYO basketball teams have begun their winter season play. Both teams participate in the Orange County CYO basketball league and play teams from the local area.

CYO Home Games:
14, 22 January
5,11,12,26 February

Youth Sports Survey

Please take a moment to fill out the Youth Sports survey located on our website at www.westpointmwr.com



Your feedback helps us to improve and expand programming!

Youth Sports Brochure

For sports programming and information please check out our Sports Brochure at:

www.westpointmwr.com

Sports and Fitness Programs

COACHES CORNER

Youth sports would like to thank the following volunteer coaches for their time and effort in providing a safe, fun and appropriate learning environment for community youth.

Little Shooters:

Coach Fischer Coach Tressler

Training League:

Coach Fischer Coach Oliver

Coach Praire Coach Andrews

Collegiate League:

Coach Germain Coach McCarthy

Coach Goyings Coach Branson

Coach Morgan

Jr NBA League

Coach Praire Coach Switaj

Coach Keene Coach Varnado

Coach Wood



Weather Cancellations:

In the event of inclement weather please call the Youth Sports Weather Hotline:



938-8897

Winter sports will be cancelled for any code red called or lasting after 12:00pm.

SPORTS AND FITNESS MONTHLY HIGHLIGHTS

Home School Gym	6,20 January
Modified Basketball Home Games	10,12,27,31 January
Martin Luther King Holiday-No Sports	16 January
Spring Sports Registration Begins-Military Families	1 February
Modified Basketball Home Games	2,9,16,21 February
Presidents Day-No Sports	20 February
Winter Sports End	3 March



Caramel Apple Cider



Cider Ingredients:

1/4 cup heavy cream

1/4 cup brown sugar

3 cups of apple cider

1/2 cup of water

Caramel Whipped Cream

1/2 cup heavy cream

1 tablespoon brown sugar

Cider Instructions:

Bring the cream and brown sugar to a boil in a medium saucepan over medium heat. Stir in the cider and the water and raise the heat to medium high, heating just until the cider begins to steam. Divide among 4 mugs, top each one with 2 table spoons of caramel whipped cream.

Caramel Whipped Cream Instructions:

In a small bowl whip heavy cream with the brown sugar until soft peaks form.



For inclement weather sports cancellations call the Youth Sports Weather Hotline: 938-8897.