



Dance Awareness class takes place at Stony Area CDC

Upcoming SKIESUnlimited Classes

To register for any of the classes, please call Parent Central at 938-4458/0939. You may also register for select classes on webtrac: <https://webtrac.mwr.army.mil/webtrac/westpointcym.s.html>. Registration is ongoing for ice skating, tennis, start smart and Parent and Me Music and Dance Classes. For more information on SKIESUnlimited classes, call 938-8893.

Little Maestros Present.... Once Upon a Trumpet

Parent Participation required at these classes which are located at Lee Area CDC, Bldg. 140. Classes are \$40.00 for 6 lessons and run on Mondays from January 23- March 5.

Ages 1-3 5-5:45pm Ages 3-5 6-6:45pm

Little Maestros Present.... Once Upon a Trumpet for Stony CDC

Specifically for children who are at the childcare center, classes are located adjacent to Stony CDC, at Bldg. 1207A. Classes are \$40.00 for 6 lessons and take place Tuesdays from January 24 – March 6.

Ages 3-5 3-3:45pm

Tae Kwon Do

Classes are located at Lee Area CDC, Bldg. 140 for children ages 6-18. Classes are \$50.00 for 10 lessons and run on Tuesdays and Thursdays from January 3 – February 2.

Beginners 6-6:45pm
Yellow Belts and up 7-7:45pm

Yoga

Provided by an instructor from The Children's School of Yoga, these classes are offered at the Lee Area CDC. Classes are \$33.00 for 5 lessons and run from January 6 – February 3.

Parent/Child Yoga for Ages 2-4 4-4:45pm
School- Age Yoga for Ages 5 and up 5-5:45pm

Parent and Outreach Services

The next Parent's Night Out events will be on the following evenings:

January 27 6 - 11pm

February 10 6 - 11pm

All children must have an active CYS Services membership. Please contact Kim Tague at Parent Central to register for these events, 938-3921.

Youth Sports & Fitness

February 1 Spring sports registration for Military Families Begins

March 1 Spring sports registration for Civilian Families Begins

March 16 Spring sports registration ends

Father/Daughter Dance

The 3rd annual dance will be held on Saturday, February 25 from 6-9pm for ages 4 and up. The fee per Family is \$10.00 and must be paid in advance at Parent Central or through webtrac. Please contact Kim Tague with questions at 938-3921.

Parent Education Opportunities

Parent Education Classes are offered through Parent and Outreach Services. Many classes are offered on post and others are available through Orange County. For more information, please contact Jodi Cabrera at 938-8899.

Redirecting your Child (ages 0-5)
January 17, 12-1pm at Bldg. 1207.

The Effects of Spanking on Children
February 21, 12-1pm at Bldg. 1207

Redirecting your Child (ages 0-5)
March 7, 6pm at Lee Area CDC Tech Lab

Spring National Alliance for Youth Sports (NAYS) Training-
March 21, 6pm AT Bldg. 500

Parents Alliance for Youth Sports (PAYS)
March 28, 6pm, Fields



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WEST POINT

Quarterly News January/February/March 2012



U.S. Army Child, Youth & School Services

Child, Youth & School Services



Summer 2011 S.A.C. Summer Campers strike a pose during the grand finale of their taping with the Electric Company.

School Age Center (SAC) Program

The popular SAC Nights will be continuing this new year! Themed SAC Nights, for all children in grades 1-5, are held once a month at the Lee Area CDC. The fee per child is \$5. A reservation is required and can be made by contacting the Lee Area CDC at 938-0942. Additional information can be found in SAC Night flyers, in the Bulldog Blast, Pointer View, and on Facebook: WestPointCYSS. Winter dates are January 6, February 3, and March 2.

The School Age Center is ready for another West Point winter! Please remember to call 938-7000 for weather updates including delays and closings. New this year is the SAC Phone/Text alert system for all patrons interested. Please speak to Kara or Amanda at SAC for more information about this system. Full name, cell number and provider, home and work phone are requested for both parents or whoever would like to receive the alerts.

The West Point Elementary and Middle Schools' Spring Break is March 12-16. There will be no hourly care this week at SAC. If your child is in need of care during the break, please contact Parent Central at 938-4458/0939 to register for the week. Hours for the week will be 6am-5:30pm. The Civilian/Off Post Spring Break is April 9-13. SAC will be providing care from 6am-5:30pm during this week. Contact Parent Central to register for care during this break.

SAC encourages all West Point Families to visit FamiliesNearAndFar.org. Sesame Street and The Electric Company have created a great way for families to connect and share. Set up a family profile and start exploring through art, music, videos, and self expression. It is ideal for those who are away from friends and relatives, talking about sensitive issues such as preparing for a deployment, or are looking for fun activities to do together.

Check out the *Let It Out* music video that was filmed at the West Point School Age Center during summer camp and interviews with SAC kids. 'Like' WestPointCYSS on Facebook to see photos from the video shoot! We will also post any upcoming events with Sesame Street and The Electric Company.

CYSS Inclement Weather Information

Stony Area CDC

Code White: Stony CDC is open to all children. If a Code White announcement becomes Code Red, patrons have 30 minutes to pick up their child(ren), as per our Snow Policy SOP.

Code Red: ONLY Confirmed Mission Essential Families receive care during Code Red periods/days.

Lee Area CDC

Code White: Hourly Care is open.

Code Red: The building is closed.

See below for Part Day Preschool information.

Part Day Preschool

1 hour delay at School - AM PDPS opens at 10, PM session begins as usual

2 hour delay- AM session closed, PM session begins as usual. In the event of a school closure, PDPS will not open.

School Age Center (SAC)

Code White: SAC is open to all Before/After children. If a Code White announcement becomes Code Red, patrons have 30 minutes to pick up their child(ren), as per our Snow Policy SOP.

Code Red: ONLY Only Confirmed Mission Essential Families receive care during Code Red periods/days.

Middle School/Teen Center

Code White: The building will open.

Code Red: The building is closed.

SKIESUnlimited

Code White: Cancellation decisions will be made on a case-by-case basis. Please call 938-8893 for updated information. The SKIES Director will contact class participants to schedule make-up classes if time and space are available.

Code Red: There is an automatic cancellation of classes.

Sports and Fitness Programs

The Youth Sports and Fitness program will post delays/cancellations in the event of inclement weather on the weather hotline at 938-8897. In the event of a "Code Red" lasting past 12pm or called after 12pm all Youth Sports activities will be cancelled. For inclement weather cancellations call the Youth Sports Weather Hotline.

The Youth Sports office has established a text messaging service to alert subscribers of sports news and information. Those interested in receiving youth sports text messages can text 41411 with SUBSCRIBE WSPORTS in the text area. Standard messaging rates will apply.



Michi Carl, our School Liaison Officer has arranged for Cadet Company B-2 Bulldogs partnered with the West Point School Bulldogs! B-2 Bulldogs take time out of their busy schedules to encourage academic excellence, community service and school spirit!

School Liaison Services

The Army Installation School Liaison Officer assists families as they transition, in an effort to make each military student's transition to a new school a seamless, positive experience that establishes the basis for a successful educational experience. The School Liaison Officer can be reached at (845) 938-2092.

SchoolQuest

Designed for military students, their families and the caring professionals who support them, SchoolQuest is an educational resource tool from the Military Child Education Coalition. It can be viewed as a safe, centralized virtual "file drawer" where a student (or parent) can keep track of all the details that are so difficult to organize...but so necessary when students move or apply for college, jobs or military service.

Visit <http://www.schoolquest.org> to create your SchoolQuest profile.

Naviance

Naviance is a **free** college and career planning resource that SchoolQuest is offering to students as young as 8th grade. This program is a fantastic tool that will help students plan their educational path. While using Naviance, a student can complete inventories that will help define their strengths and interests. They can then find courses of study that utilize those strengths and see what careers match up with those findings. Scholarship information is available as is college application information. Scholarship and college applications can be stored for future reference.

After creating a SchoolQuest profile the Naviance eligible student(s) will be highlighted. Next, simply follow the on-screen instructions to send an activation email to the eligible student(s). Once the student clicks on this activation link they will be led to the specially designed Naviance program being offered by SchoolQuest.

Eligibility: 13 years or older; 8th-12th grade; Military-affiliation (Army, Navy, Air Force, Marines, Coast Guard, National Guard, Reserves, Active Duty or Retiree)

Bernard Curtis Brown II Memorial NASA Space Camp Scholarship

The Space Camp is a six-day program, in Huntsville, Alabama, that shows young men and women what it takes to be an astronaut firsthand. Activities include simulated Space Shuttle missions, training simulators, rocket building and launches, scientific experiments, and lectures of the past, present, and future of space exploration.

For more detailed information about Space Camp, visit their web site at www.spacecamp.com.

For more information and the application, visit <http://www.militarychild.org/child-student/space-camp-scholarship/>

Kids Included Together Training

The site visit occurred on December 8 and 9 and included CYSS staff training from Kids Included Together (KIT). KIT is a non-profit organization whose mission is to help organizations and military installations welcome and support children with and without disabilities. They do this through providing live and online trainings as well as a variety of coaching techniques and trainings. As of November 4, 2010, KIT became contracted with the Department of Defense to provide services for child and youth services in all branches of the military. The site visit is slated for 2 days (December 8-9) and includes CYSS staff training, classroom visits/observations, staff coaching, and management meetings.

MST Halloween Dance Brings out the Spirit of our West Point Teens

The MST Center became a place for friendly teen zombies and superheroes to come together for a night of great music, dancing and food. The event, which cost \$2.00 to attend, was held on October 28 from 1730 –2030. 61 teens were in attendance. There were games to be played and prizes were given out to costumed teens for the Most Creative, Most Detailed and Most Original Costumes. Teen volunteers and staff members helped out to make sure it was fun and safe evening for all the ghoules and ghouls attending.

4-H

Teens in grades 6-12 that are registered with CYSS and meet the 4-H requirements, are welcome to join 4-H at no cost. Projects may include, but are not limited to: Culinary, Claymation, Robotics, Poem Writing, Community Service, Presentation Board, Public Speaking and Business Meetings, Rocketry, Planetarium Trip, and Sugar Maple Tour. The following project meeting dates are: January 6 & January 20, February 3 & 17 and March 2 & 16. Meetings are held at the MST Center, building 500 Washington Road from 3-4:30. For more information, call 938-8889.

hired! Program

Teens 15-18 who are interested in working and meet the hired! requirements, can earn \$500 for working 15 hours a week for 12 consecutive weeks. The 6 Free workshops are mandatory prior to working and include: Introduction to the hired! Program, Resume, Job Application, Pre-assessment, Interview Skills and Dress for Success. The next dates for hired! workshops are: January 5, February 2, March 1 and April 5. All workshops are held at the MST Center from 3-5:30pm.



Destinee Jack (left) and Kelsie Martin (right) at the MST Halloween Dance



MST 4H participant, Holly Hammer, volunteers as a face painter for the Fall Harvest Festival at Stony Area CDC in October.

MST and Teen Program Upcoming Events

January

- 4 4-6pm Trivia Day
- 13 4-6pm National Pizza Week-Make Your Own Pizza Cooking Club
- 20 6-9pm Winter Talent Show

February

- 3 5-8pm "West Point's Best Dance Crew"
- 10 4-6pm Black History Month Trivia
- 11 6-9pm Go Bowling Day – Building is closed

March

- 1 3-6pm Hired Workshop Seminar
- 12-16 2-5pm Event: Spring Break Mini-Olympics
- 23 6-9pm Movie Night

EDGE Etiquette Class

Be prepared for the upcoming CYSS Father & Daughter Dance!

Etiquette Classes include: What suitable attire is for "Girls' Sunday Best" How to make proper introductions, How to pose for that special photo with Father.

\$20 for a 4-class Session for Grades K-5

Tuesdays, Jan 31, Feb 7, 14 & 21, 3:30 - 4:30pm at the Lee CDC (Snack Area)

CYS Services Membership Required. Enroll at Parent Central Lee CDC, Bldg 140 - (845) 938-4458/0939



Nurse's Corner

Flu season is upon us. Please remember to wash your hands frequently, cover your cough and it is NOT too late for a flu shot.

Leigh Ann Wilkinson,
CYSS Nurse

