

**Youth Sports & Fitness
Parent Participation Program**

Coaches who are Volunteer Head Coaches may enroll all of their own children at no cost in any Category A or B Sport occurring during the same playing season the parent is coaching. Coaches who are coaching a Category C sport may enroll one child at no cost in that same Category C sport. Subsequent children will receive the 15% Category C reduction.

Assistant Volunteer Coaches may enroll their first child at no cost in any Category A or B sport occurring during the same playing season that the parent is coaching and subsequent children will receive a 15% reduction. Enrollment in a category C sport will be reduced 15% for the Assistant Coaches' child(ren) enrolling in a Category C sport during the same playing season.

- Category A: Soccer, Basketball, Track & Field, Cross Country
- Category B: Baseball, Wrestling, Judo
- Category C: Hockey, Swimming, Lacrosse



Parent Advisory Council

The mission of the PAC is to provide a forum for communication between CYSS managers and patrons about policies, procedures and programming. Parents and staff work together to evaluate and improve programs and services for the positive development of our children.

Ask questions, raise concerns or make suggestions during monthly meetings. If you are unable to attend, email the PAC to get your questions, concerns, or suggestion added to the agenda. Like the PAC on Facebook: West Point Parent Advisory Council.

2011-2012 West Point PAC Meetings

Meetings are held at the Stony Area CDC at 4pm

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|---------------|--------------|
| September 8th | January 12th |
| October 13th | February 9th |
| November 10th | March 8th |
| December 8th | April 12th |
| May 10th | |

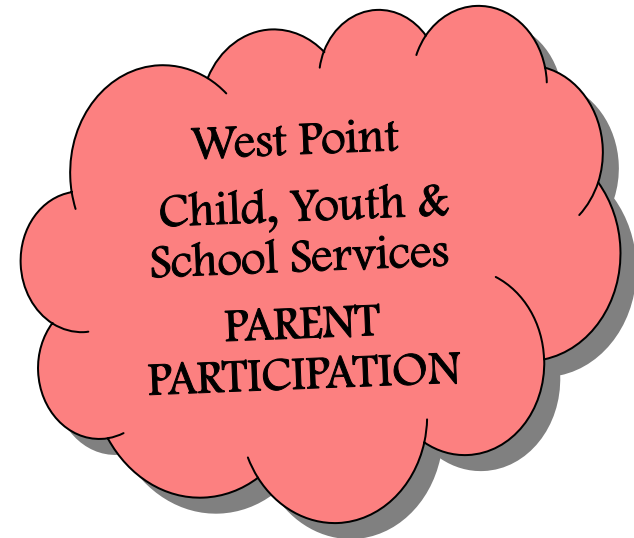
The PAC schedule is subject to change.

If you would you like to be added to the PAC email list to get a copy of PAC meeting minutes, etc, email the PAC at: westpointpac@gmail.com

**For more information about CYSS Volunteer Opportunities
Please contact Kim Tague
Parent and Outreach Services Director
Lee Area CDC, 938-3921**



U.S. Army Child, Youth & School Services



Parent Participation provides you the opportunity to earn up to a 10% discount for one child for one month!

The Parent Participation Program provides patrons opportunities to earn up to a 10% discount from their childcare fees for one child for one month. Parents who receive ten credit hours for the full day program, part-day preschool and school-age center program are eligible for a 10% discount off of their monthly child care bill for one child.



Patrons are required to complete a DD Form 2793 to volunteer and participate in the Parent Participation Program.

Please find the forms online at:
armypubs.army.mil/eforms

Please return the forms to
Kim Tague

Parent and Outreach Services Director
Lee Area CDC, 938-3921



CDC PARENT PARTICIPATION OPPORTUNITIES

Parent Advisory Council Meetings **1 Credit**

Parents may attend meetings that are held the second Thursday of each month. Parent participation is needed to ensure good communication and a positive relationship between parents and staff.

Field Trips **2 Credits**

CYSS sponsors field trips off and on post. Although parents cannot count in the adult to child ratio, having additional adults is usually required to ensure children's safety and enjoyment of the trip.

Snow Days **2 Credits**

During inclement weather, assistance may be required with shoveling snow or transporting staff to and from work.

Children's Activities/Equipment **1-2 Credits**

Parents can do a variety of projects to include: assembling a dramatic play activity box, construct flannel-board stories, laminating games to extend their use, making signs to label various areas and shelves in the room. Credit will be determined by the particular project.

Toy and Playground Maintenance **2 Credits**

Parents can assemble or repair toys as the need arises. Also, playground surfaces of mulch require "fluffing" a minimum of two times per year.

Occupation or Talent Sharing **1 Credit**

Parents may arrange a time to come into the classroom and share a special talent with the children. Parents may also arrange a time for the children to visit a workplace, if appropriate.

Naptime or Dining Helper **1 Credit**

Parents can assist by patting backs, reading, humming or singing soothing tunes to help children relax during naptime. They may also assist staff with family-style dining at lunch or breakfast.

Staff Development Day **1 Credit**

Parents may participate in scheduled classes during our bi-annual staff training days.

SCHOOL AGE CENTER

PARENT PARTICIPATION ACTIVITIES

1 CREDIT ACTIVITIES

- *Updating monthly activity bulletin boards
- *Planning special events such as field trips, celebrations, and seasonal events
- *Helping with any of the following SAC Clubs: 4-H/Cloverbuds, Cooking, Sports & Fitness, Technology and the Finer Things
- *Assistance with dining and end of day cleanup

1-2 CREDIT ACTIVITIES

- *Snow removal
- *Grounds maintenance

